

# Family Matters

## **About Us**

Hope after Harm's Family Matters team provides **one-to-one**, **confidential and impartial support** for families and friends who are affected when someone is under investigation, arrested or sentenced for an offence.

Please remember, you are not alone: Family Matters has experience of supporting people who find themselves in your situation.

Contact us and let us support you through the police investigation, potential social services involvement, any court proceedings and beyond.

## **We Offer:**



## **Emotional Support**

Providing a listening ear and a caring presence to help you cope with your emotions.



#### **Practical Advice**

Guidance on navigating legal processes, social services and understanding your rights.



### **Confidential Support**

Assistance with dealing with your relationships, friendships and navigating the criminal justice system.



#### Signposting

Help with finding and accessing local support such as housing, benefits or counselling.



## **Understanding and Compassion**

We understand the unique challenges faced by families and friends during police investigations.



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## **Client feedback:**



"First and foremost she listened, she has not judged at all. She has not told me at any point how I should think or how I should feel. She has reassured me that I'm normal."



"We speak on the phone, and it helps that they recognise that you're still a normal human being that still has to function with normal day-to-day life."



"It was just knowing my Case Worker was there, it was always very sort of light touch, it was not invasive at all. It was a really good way to treat someone who's been through major trauma."



"My caseworker was particularly skilled, her support was very subtle.
They must have a lot of skill, because it was always the right amount of information at the right

### **CONTACT US FOR SUPPORT**



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