



Empowering Change: Become a Specialist Trainer with Rise 4 Change (Self-Employed Consultancy Opportunity)

At Rise 4 Change, the training arm of Hope After Harm, we are dedicated to equipping professionals with the skills and knowledge needed to support survivors of domestic abuse, gender-based violence, and trauma. As we expand our training programmes, we are seeking passionate, experienced trainers to join us as self-employed consultants.

About the Role

This is a consultancy, self-employed position, offering ad-hoc, sessional work at £25 per hour. Most training is delivered remotely, but there may be occasions when travel is required to meet client needs—travel expenses will be reimbursed. Your responsibilities will include:

- **Delivering specialist training** on domestic abuse, gender-based violence, and trauma-informed working to a diverse range of clients, primarily online with some face-to-face sessions.
- **Ensuring alignment with our values** of compassion, respect, and inclusivity in every session.
- **Promoting intersectionality** by recognising the unique needs of all clients and creating accessible, safe learning environments.
- **Encouraging participant feedback** to support the ongoing development of our training programmes.
- **Upholding confidentiality and data protection** in line with GDPR and safeguarding best practices.
- **Completing necessary administration** associated with session delivery

Who We Are Looking For

We want to hear from you if you have:

- **Strong expertise** in domestic abuse, gender-based violence, and trauma-informed approaches.



- **Experience as a trainer**—comfortable delivering both in-person and online sessions.
- **Frontline experience** supporting survivors is highly desirable.
- **An empathetic, caring approach** to training, with a commitment to holistic, participant-centred learning.
- **Cultural competence** and a commitment to intersectional ways of working.
- **Excellent communication skills** and the ability to engage diverse audiences.
- **A survivor-centred mindset**, placing those affected by harm at the heart of your work.

What You Will Need

- **To be self-employed** and responsible for your own tax and other liabilities (a declaration will be required)¹.
- **Eligibility to work in the UK** (UK citizenship or right to work).
- **A clean criminal record** relevant to the responsibilities of the post; an Enhanced DBS check may be required¹.
- **Why Join Rise 4 Change?**
- **Flexible, sessional work** with remote delivery and travel expenses covered.
- **Ongoing training and development** in delivery of our programmes.
- **A supportive, values-driven environment** where your contributions make a real difference.
- **A commitment to equality and diversity**—we encourage applications from all backgrounds and lived experiences¹.

How to Apply

To apply, please send your CV and a one-page cover letter explaining why you are the right fit for this consultancy role to r4c@hopeafterharm.org.uk. Please include your availability and preferred working hours. Interviews will be held on a rolling basis, and the closing date for applications is 31st August 2025.

Join Rise 4 Change as a self-employed consultant and help us create safer, more inclusive communities for all. Together, we can rise for change.